

The

NSC FOGHORN™



Volume 4, issue 11

November 10, 2005

Special points of interest:

Foods available to the Pilgrims for their 1621 Thanksgiving

- Fish: cod, bass, herring, shad, bluefish and lots of eel
- Seafood: clams, lobsters, mussels and small quantities of oysters
- Birds: wild turkey, goose, duck, crane, swan, partridge
- Other Meat: venison, possibly salt pork or chicken
- Grain: Wheat flour, Indian corn and corn meal; barley for beer
- Fruits: raspberries, strawberries, grapes, plums, cherries, blueberries, dried gooseberries
- Vegetables: Small quantities of peas, squashes (including pumpkin), beans
- Nuts: walnuts, chestnuts, acorns, hickory nuts, ground nuts
- Herbs and Seasonings: onions, leeks, strawberry leaves, currants, sorrel, yarrow, carvel, brooklime, liverwort, watercress, and flax; maybe radishes, lettuce, carrots and cabbage.
- Other: maple syrup, honey, very small amounts of butter, Holland cheese; and eggs

From Caleb Johnson web page 1999

Random Thoughts From the Blaster

By Ken Mahal, AIA, NSC President

NOW IS THE TIME TO MAKE A DEAL.

What a shame after all these years it looks like cooperation between Metro and the Clark County Commission has come unglued. Why does it have to be over so much money? How can we go back to square one and act a little more grown up? This uncalled for ¼ percent sales tax is going to bring in so much money they should all be ashamed of what they want to do to the taxpayers again. There has to be a way where the present work force at Metro can take less now and think about what the Sheriff is telling us is his first priority, more money for new hires. So Metro drop the lawsuit, set down with the Fiscal Affairs Committee and hammer out a sensible agreement. Be sensible, big raises are not in the books forever and in particular with the cost of benefits of health care and retirement funding. These are benefits that are getting more unheard of every day in the private sector because the cost of doing business is eating up the bottom line of the business. It is unheard of to retire on such a large percentage of your base pay as the public sector is enjoying today. How does it make sense to pay the public employee sector so much more than the private sector? What a change of roles. Where did the servants of the people go? I know we don't have a feudal system any longer. The first thing Metro should do is drop the lawsuit as a good faith move and then set down to correct this over generous contract.

I know your argument is that the cost of living is eating up your pay check as fast as you get it. Well on the other side of the fence the retired community, by a large percentage of our population has not had a paycheck in twenty plus years and are paying all the taxes the people on payroll are today. Plenty of our age group are making do and not complaining. In fact at the same time they take care of themselves they more and more are (Continued on page 2)

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(Continued from page 1) assisting in the care of their grown children plus their grandchildren.

ARE WE BECOMING IRRELEVANT?

Why would one ever come up with such a statement? That's easy by just watching and hearing all of the private jets coming into town one right after the other even more so it seems than the commercial airlines. I don't know what the traffic count is for private jets into Las Vegas but it has to be unbelievably high. Another factor is all of the high rise condominiums being announced. It is enough to boggle the mind. And I suspect most of these condos will be second or even third homes for the jet set group if you can believe all of the palaver about the goings on of the strip. More and more it seems there is a very small amount of real-estate along and around the strip that is creating an entirely new group of people who fly in for the week end to have a steak or seafood dinner, a bit of booze and gambling before heading back to work. In fact it looks like the strip businesses are creating a city within a city say like the south of France. And if this continues to grow more and more there will be the super rich fly-ins who uses a lot of service while the you and I group continue to grow older and hope we do not outlive our savings before passing on to the hear-after. A good question one might ask is when are they going to quit taxing us out of existence to pay for the growth they approve?

WATER, WATER EVERY WHERE BUT WHERE WE ARE.

What gives with the water grab by the Southern Nevada Water Authority? No place have we seen where the billions of dollars are going to keep coming from to pay for these out of Clark County water grabs in several of our northern neighbor counties. I remember very clearly that Pat Mulroy stated none of the present people would be paying for the infrastructure to add this new water but not once now do I recall where she is getting the money from unless she is very forgetful and she is making us pay for it as usual. The same goes with the billion or so they expect to spend to detour the treated waste water around the Saddle Island area where our two pumping stations and intakes are presently located. Why is there never an accounting by these government bureaucrats required by all of these elected officials who set on these various boards like the SNWA?

YOU'R DRIVING US CRAZY OVER THE PRESCRIPTION DRUG PROGRAM.

I don't know about you but as one who is not in an HMO I'm not sure I can survive the change in direction to get some assist on our prescription drugs starting in January 2006.

I did get some unexpected help through my Medicare provider by a letter that arrived in the mail last week. It seems that if you buy your own supplemental Medicare policy that at least in our case they send out a letter introducing a provider that they have partnered up with to make it a bit easier to help in the selection of our prescription drug program.

Now that we have someone to do business with it seems all that is left is to decide how to pick one of three options and of course three different costs from \$18.42 to \$30.78 and \$41.14. So now it seems all I have to do is decide which AdvantraRX plan to pick.

I'll let you know in a month if it worked out OK.. —30—



Happy Thanksgiving from the NSC Board



“Please Don’t Quote Me”

There can be no profit in the making or selling of things to be destroyed in war. Men may think that they have such profit, but in the end the profit will turn out to be a loss.

Those who stand for nothing fall for anything.

A well adjusted person is one who makes the same mistake twice without getting nervous.

In framing a government which is to be administered by men over men the great difficulty lies in this: You must first enable the government to control the governed, and in the next place, oblige it to control itself.



Alexander Hamilton
January 11, 1755—July 12, 1804

Alexander Hamilton was an American politician, statesman, journalist, lawyer, and soldier. One of the United States' most prominent and brilliant early constitutional lawyers, he was an influential delegate to the U.S. Constitutional Convention and the principal author of the Federalist Papers, which successfully defended the U.S. Constitution to skeptical New Yorkers. He also put the new United States of America onto a sound economic footing as its first and most influential Secretary of the Treasury, establishing the First Bank of the United States, public credit and the foundations for American capitalism and stock and commodity exchanges. He died from wounds received in a duel with United States Vice President Aaron Burr.



The duel

I have resolved, if our interview is conducted in the usual manner, and it pleases God to give me the opportunity, to reserve and throw away my first fire, and I have thoughts even of reserving my second fire. — From a letter written the day before the duel.



PO Box #19333*Las Vegas, NV 89132-0333*Tel (702) 388-1118 * www.SecuredBordersUSA.com * staff@SecuredBordersUSA.com

HELP STOP THE “ILLEGAL ALIEN IMMIGRATION INVASION” ‘TAKE ACTION NOW’

SIGN & NOTARIZE OUR NATIONWIDE PETITION

Town Hall Meeting second Tuesday of each Month at 7:00 P.M. at: Elk’s Lodge #1468, 4100 W. Charleston Blvd, Las Vegas, NV

State Representative Russell Pearce Explains The 5 Myths of Illegal Immigration

Myth #1: Illegal aliens take jobs Americans won’t do.

You pay an American a decent wage and they will do the job. 18 million Americans in unemployment lines, over 60% of adult black males are out of work (between ages of 18 & 24), and a bloated welfare system.

Myth #2: Illegal aliens contribute more to the economy and tax base than they take.

Barrons report \$311-350 in unpaid taxes due to the underground workforce. A great majority of illegals make \$6 to \$8 per hour, and qualify for the “earned income tax credit (welfare)”. Public education cost from \$7000 to \$, 10,000 per child, multiply that times 2 to 4 children. Add free and reduced breakfast and lunch, fee medical, food stamps, housing subsidies. Harvard Univ. put the cost of public benefits at over \$70 billion annually.

Myth #3: Without illegal alien farm labor, a head of lettuce would cost you \$3.

It already cost you over \$3.00. You make a down payment at the grocery store. Government finances the other \$2. Healthcare, education, food stamps, subsidized housing, criminal justice cost, etc. Farmers and Corporate America get cheap labor while you and I pay billions in social and economic cost.

Myth #4: Most illegal aliens come here only to seek work and are law-abiding people.

Los Angeles, as of Jan. 2004, 95% of all outstanding warrants for homicide (about 1500) target illegal aliens. 66% of all fugitive felony warrants are for illegal aliens. Largest and most violent gangs are made up of illegal aliens, the MS-13 gang (30,000 strong, in over 33 major cities) most violent and ruthless gang ever known. The 18th street gang in L.A. is 20,000 strong made up of illegal aliens.

Myth #5: It is the Federal Government’s responsibility to enforce all immigration laws.

1996 Immigration Control Act made it clear local law enforcement could enforce immigration law.

Muehler v Mena: a 9-0 Landmark Supreme Court Decision (April 1st), Stated the officers didn’t need to have reasonable suspicion. The Court held that asking questions about immigration status was ok and yes the law does allow local law enforcement the ability to arrest.

Any decision by law enforcement not to enforce immigration laws is a political decision by politicians and local police chiefs, not a lack of authority.

A recent Memo by the U.S. Justice Dept. makes it clear local law enforcement can enforce immigration laws.

Arizona State Representative Russell Pearce, R-18, Chairman of House Appropriations and was the Committee Co-Chair of Yes on Prop. 200



HONORING ALL WHO SERVED



VETERANS DAY November 11, 2005



The first Veterans Day under a new law was observed with much confusion on October 25, 1971. It was quite apparent that the commemoration of this day was a matter of historic and patriotic significance to a great number of our citizens, and so on September 20th, 1975, President Gerald R. Ford signed Public Law 94-97 (89 Stat. 479), which returned the annual observance of Veterans Day to its original date of November 11, beginning in 1978. This action supported the desires of the overwhelming majority of state legislatures, all major veterans service organizations and the American people.

Veterans Day continues to be observed on November 11, regardless of what day of the week it falls. The restoration of the observance of Veterans Day to November 11 not only preserves the historical significance of the date, but helps focus attention on the important purpose of Veterans Day: A celebration to honor America's veterans for their patriotism, love of country, and willingness to serve and sacrifice for the common good.

At the October Meeting

Membership



Chancellor Rogers and NSC President Ken Mahal



Renewing Members:

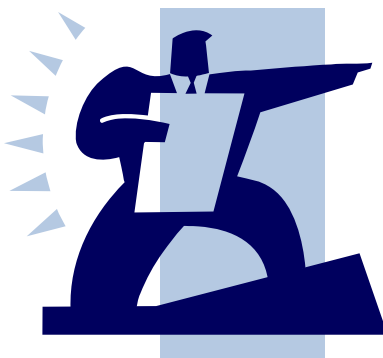
- Ken Evans
- Agnes Maria Greve -Manning
- Marie Manendo
- Mark Manendo
- Charlotte L. Padron
- LouJanice Perry
- Bernie Zadrowski

Thank You For Your Continued Support



Board Members Chohanin, Petris and Bacon

Please help increase our membership. Tell your friends about our meetings and bring them with you.



Meeting notice flyers are available for *post-ing* at every meeting.

Recruit new members.

HELP NSC GROW!!!



N.B. You are given 90 days after your membership expires to renew before your name is removed from the membership list. Your membership anniversary date is on the *Foghorn* mailing label. If the date is in red please renew, either by mail or at the next meeting.

Remember the dues are now \$8.00

Protecting Personal Information as Medicare Prescription Drug Plans Begin Marketing

From the Editor

Marketing the Medicare prescription drug plans has started so be careful.

- Plans are **NOT** allowed to request your **Medicare number, Social Security number, bank account numbers or credit card numbers** in their marketing activities.
- Although marketing started in October, **enrollment** in a specific plan cannot begin until **November 15, 2005.**
- Medicare prescription drug plans will have the "Medicare Approved" seal on their materials.*
- Door-to-door marketing is prohibited. Plan representatives may come to your home only if they make an appointment over the phone or if you send in a postcard requesting additional information from a representative.
- You may enroll in a plan over the Internet, but plans **cannot** ask for payment over the Internet. The plan must send you a bill.
- Telemarketing of Medicare prescription drug plans is allowed provided the calls are made between the hours of 8 a.m. and 9 p.m. You cannot be enrolled or pay for a drug plan during that initial call. However, plans may request you call them back to enroll, offer to send information or arrange for an interview with a representative in your home.
- Plans are required to honor your "do not call again" requests. Simply say, "**STOP**". If you are registered with the federal "do not call" they may **not** call you. Register at 1-888-382-1222 or at <http://www.donotcall.gov> if you have not already done so.
- Pharmacists, physicians and other health care providers **cannot** steer beneficiaries to a plan that furthers there own financial interest. They may, however, provide objective information, announce their contractual relationship with a plan and assist in choosing a plan to best meet your needs.
- **Medicare does not recommend one plan over another.**

Call SHIP at 486-3478 in Las Vegas or 1-800-307-4444 state-wide for further assistance.



The information in the left column was taken the Senior Nevada Advocates on Guard (SNAG)* tip sheet.

Further information that may be of benefit to you:

- Be informed. Read your Medicare and You 2006 handbook. However if you qualify for extra help be warned that the last column on pages 97-A through 97-G is wrong. If you qualify your full premium will only be fully paid if it is **\$23.46 or less (in Nevada).**
- Compare plan benefits on-line at <http://www.medicare.gov>. If you need help contact the SHIP office for locations having computer help. If you call the Medicare office they will probably refer you to SHIP.
- Resist Pressure tactics. Take your time in selecting a plan.
- Protect yourself. Call the police if necessary.
- Report possible fraud to SNAG at **1-888-838-7305**

***SNAG is a service provided through a federal grant by the Nevada Department Of Justice Attorney General's Office.**

I saw my doctor the other day and asked him to lower my sex drive. My doctor replied, "At your age don't you think your sex drive is all in your head?"

"You're damned right it is!" I replied.
"That's why I want it lowered."

Veru Perry

Next Meeting

Thursday, December 8, 2005
10:00 am at >>>>>>>>>>>>>>>>



After the meeting why don't you eat and play, and stay all day?



For December: We will have our annual Christmas celebration featuring the **Nevada State Troupers**



NEVADA SENIORS COALITION, INC.

4754 East Flamingo Road, Suite 416
Las Vegas, NV 89121-4709

Ken Mahal President

Phone: 702.737.1377

Fax: 702 .446.5534

e-mail: info@nevadaseniors.com

Vernon Perry Vice President

Directors:

| | |
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| Belle Chohanin | Finance |
| Florence Petris | Records |
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| Vernon Perry | Issues |
| Ken Mahal | Liaison |
| Vernon Perry | Membership |
| Charlotte Padron | Revelle Bacon |

Today In History November 10, 1775

The **Continental Marines** were the colonial Marine force of the American Revolutionary War. The corps was formed by the Continental Congress in November 10, 1775 and was disbanded in 1783. Their mission was multi-purpose, but their most important duty was to serve as on-board security forces, protecting the Captain of a ship and his officers. During naval engagements Marine sharpshooters were stationed in the fighting tops of the ships' masts, and were supposed to shoot the opponent's officers, naval gunners, and helmsmen.

The Marines were used to conduct two amphibious landings during the American Revolution. They landed twice in Nassau, in the Bahamas, to seize naval stores from the British. The first landing, led by a Captain Nicholas, consisted of 250 Marines and sailors who landed in New Providence, in the Bahamas; there they wreaked much damage and seized naval stores. The second landing, led by a Lieutenant Trevet, landed at night and captured several ships along with the naval stores. A Marine battalion also fought alongside the Continental Army in the Battle of Princeton.

The Continental Marines' first and only Commandant was Major Samuel Nicholas and the first Marine Barracks were located in Philadelphia. The first recruiting station was a bar called Tun's Tavern (<http://www.lee.army.mil/marines/MCHistory.html>). Four additional Marine Security Companies were also raised and helped George Washington defend Philadelphia.

In accordance with the Continental Marines Act of 1775, the Congress decreed "That two battalions of Marines be raised consisting of one Colonel, two lieutenant-colonels, two majors and other officers, as usual in other regiments; that they consist of an equal number of privates as with other battalions, that particular care be taken that no persons be appointed to offices, or enlisted into said battalions, but such as are good seamen, or so acquainted with maritime affairs as to be able to serve for and during the present war with Great Britain and the Colonies; unless dismissed by Congress; that they be distinguished by the names of the First and Second Battalions of Marines."



The **Nevada Seniors Coalition, Inc (NSC)** is a nonprofit, non-partisan organization. No person is excluded on the basis of race, sex, religion or national origin.

The organization's purpose is to promote the physical and social welfare of senior citizens, their children and grandchildren.

The organizations' goals and objectives are:

- Improvement of political and governmental institutions and processes on local, state and federal levels.
- Identify legislative trends at all levels and set NSC priorities.
- Support domestic policies responsive to the needs and will of the Nevada senior population.
- Work to involve more seniors in government. to assure government is open, responsive and accountable.
- Keep members and the general public informed on current issues affecting them. Encourage them to make their voices heard at all government levels.
- Work with other organizations in a common endeavor when their issues and programs coincide with those of NSC.

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